

PA School for the Deaf			4 week Cycle - October - December 2020	
School meals for breakfast and lunch will be delivered to your child on a weekly basis.			Kindergarten - Grade 12: Grab 'n Go Bags!	
Week #1 - Monday	Week #1 - Tuesday	Week #1 - Wednesday	Week #1 - Thursday	Week #1 - Friday
<b>Breakfast</b> Cinnamon Roll Fresh Orange 1% White Milk  <b>Lunch</b> Chicken Patty on WG Roll Steamy Green Beans Whole Gala Apple 1% White Milk	<b>Breakfast</b> Vanilla Yogurt & Cheerios Fresh Banana Apple Juice 1% White Milk  <b>Lunch</b> Macaroni & Cheese Bowl Bread Stick Steamy Broccoli Sliced Peaches 1% White Milk	<b>Breakfast</b> Banana Bread Fresh Apple Slices Grape Juice 1% White Milk  <b>Lunch</b> Tangerine Chicken over Stir Fry Rice Fortune Cookie Steamy Sliced Carrots Pineapple Chunks 1% White Milk	<b>Breakfast</b> WG Bagel w/ Cream Cheese Applesauce Cup Orange Juice 1% White Milk  <b>Lunch</b> Cheeseburger Sliders Tater Rounds Vegetarian Baked Beans Fresh Orange 1% White Milk	<b>Breakfast</b> Baked Apple Oatmeal w/ Toast Craisins Very Berry Fruit Juice 1% White Milk  <b>Lunch</b> 5" Round Pizza Rold Gold Pretzels Crunchy Baby Carrots Steamy Peas Mixed Fruit Cup 1% White Milk
Week #2 - Monday	Week #2 - Tuesday	Week #2 - Wednesday	Week #2 - Thursday	Week #2 - Friday
<b>Breakfast</b> French Toast Benefit Bar Fresh Apple Slices Grape Juice 1% White Milk  <b>Lunch</b> Rotini & Meatballs in Red Sauce Bread Stick Steamy Broccoli Cinnamon Applesauce 1% White Milk	<b>Breakfast</b> Rice Krispies & NutriGrain Bar Fresh Banana Very Berry Fruit Juice 1% White Milk  <b>Lunch</b> Turkey & Cheese Sub Sandwich Cool Ranch Dorito's Steamy Carrots Fresh Apple Wedges 1% White Milk	<b>Breakfast</b> Chocolate Chocolate Chip Muffin Fresh Apple Slices Orange Juice 1% White Milk  <b>Lunch</b> 3-Bean Chili Pita Pocket Crunchy Baby Carrots Diced Peaches 1% White Milk	<b>Breakfast</b> Colby Cheese Omelet Scooby Doo Graham Sticks Fresh Orange 1% White Milk  <b>Lunch</b> Chicken & Cheese Quesadilla Marinara Sauce Steamy Broccoli Diced Pears 1% White Milk	<b>Breakfast</b> Maple Belgian Waffle Tropical Fruit Apple Juice 1% White Milk  <b>Lunch</b> All Beef Hot Dog on Roll Waffle Fries Steamy Green Beans Pineapple Chunks 1% White Milk
Week #3 - Monday	Week #3 - Tuesday	Week #3 - Wednesday	Week #3 - Thursday	Week #3 - Friday
<b>Breakfast</b> Instant Oatmeal, Baked Apple WG Bread Strawberry Craisins Very Berry Fruit Juice 1% White Milk  <b>Lunch</b> Max Cheese Sticks Marinara Sauce Steamy Broccoli Whole Apple 1% White Milk	<b>Breakfast</b> Vanilla Yogurt & Strawberry Waffle Fresh Banana Apple Juice 1% White Milk  <b>Lunch</b> Popcorn Chicken Dinner Roll Mixed Vegetables Tropical Fruit 1% White Milk	<b>Breakfast</b> Egg & Cheese Sandwich Fresh Apple Slices Grape Juice 1% White Milk  <b>Lunch</b> Hot Turkey Sandwich Mashed Potatoes Golden Corn Blue Raspberry Applesauce 1% White Milk	<b>Breakfast</b> French Toast Sticks w/Syrup Very Berry Juice Mixed Fruit 1% White Milk  <b>Lunch</b> Meatball Sub w/ Sauce Baked Lays Chips Crunchy Baby Carrots Diced Pears 1% White Milk	<b>Breakfast</b> WG Bagel w/ Cream Cheese Applesauce Cup Orange Juice 1% White Milk  <b>Lunch</b> Cheeseburger Sliders Tater Rounds Vegetarian Baked Beans Fresh Orange 1% White Milk
Week #4 - Monday	Week #4 - Tuesday	Week #4 - Wednesday	Week #4 - Thursday	Week #4 - Friday
<b>Breakfast</b> French Toast Benefit Bar Fresh Apple Slices Grape Juice 1% White Milk  <b>Lunch</b> Penne Pasta w/ Alfredo Sauce Bread Stick Steamy Carrots Whole Orange 1% White Milk	<b>Breakfast</b> Rice Krispies & NutriGrain Bar Fresh Banana Very Berry Fruit Juice 1% White Milk  <b>Lunch</b> Chicken Drumsticks Smile Potatoes Applesauce Honey Mustard Cup 1% White Milk	<b>Breakfast</b> Blueberry Muffin Fresh Apple Slices Orange Juice 1% White Milk  <b>Lunch</b> Turkey & Cheese Sub Sandwich Cool Ranch Dorito's Steamy Broccoli Mixed Fruit Cup 1% White Milk	<b>Breakfast</b> Colby Cheese Omelet Scooby Doo Graham Sticks Fresh Orange 1% White Milk  <b>Lunch</b> Hamburger on Round Roll Vegetarian Baked Beans Crunchy Baby Carrots Pineapple Chunks 1% White Milk	<b>Breakfast</b> Maple Belgian Waffle Tropical Fruit Apple Juice 1% White Milk  <b>Lunch</b> Cheesy Pizza Wedge Steamy Peas Fresh Golden Delicious Apple Creamy Vanilla Pudding Cup 1% White Milk

We are an equal opportunity provider and employer. Menu subject to change without notice!