

Weekly - Nutrient Analysis

Menu Names: 20/21 Fall Lunch K-8 Week #3 Monday, 20/21 Fall Lunch K-8 Week #3 Tuesday, 20/21 Fall Lunch K-8 Week #3 Wednesday, 20/21 Fall Lunch K-8 Week #3 Thursday, 20/21 Fall Lunch K-8 Week #3 Friday
 Result: **Fail**

Meal Pattern: [USDA]Meal Pattern SY 2014
 Meal Type: Lunch
 Serving Group: K-8
 Site Group: All Grades

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 650.00]	687.46	
Total Fat (g)		16.21	21.22
Sat Fat (g)(1)	< 10.00 % of Calories	4.60	6.02
Trans Fat (g)(2)		0.10(M)	
Chol (mg)		40.68	
Sodium Target 1 (mg) (13)	< 1,230.00	1,306.18	
Sodium Target 2 (mg) (13)	< 935.00	1,306.18	
Carb (g)		102.68	59.74
Total Fiber (g)		12.18	
Total Sugars (g)		35.25(M)	20.51
Added Sugars (g)		0.40(M)	
Protein (g)		33.28	19.36
Iron (mg)		4.53(M)	
Calcium (mg)		272.13(M)	
VitA (IU)		6,698.65(M)	
VitC (mg)		36.66(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		374.30(M)	
Mois (g)		64.57(M)	
Ash (g)		0.38(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	> = 2.500	2.500	
Veg	> = 3.750	6.125	
Veg-DG	> = 0.500	1.000	
Veg-RO	> = 0.750	2.000	
Veg-BP	> = 0.500	0.500	
Veg-S	> = 0.500	1.625	
Veg-O	> = 0.500	1.000	
Grains	[8.000 - 9.000]	9.500(a)	
Non-WGR		0.000	
WGR	> = 50.000 % of	9.500	100.00
Meat/MA	[9.000 - 10.000]	12.000(a)	
MILK-F	> = 5.000	5.000	
Fruit-J	< = 50.000 % of	0.000	0.00
Grain-D	< = 2.000	0.000	
Vegetable-J	< = 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
20/21 Fall Lunch K-8 Week #3 Monday - Day: 1	75																			
Category: Entrees; May Choose: 1																				
Pizza, MaxStix Mozzarella Whole Grain Sticks 1.93 oz, The MAX, ConAgra, 77387-12685, MMA, WGR - SR101363 (2 stick.)	75	320.00	14.00	5.00	0.00	20.00	680.00	32.00	2.00	2.00	(M)	14.00	1.44	200.00	(M)	(M)	(M)	(M)	(M)	
Category: Vegetables; May Choose: 2																				
Broccoli, frozen, chopped, cooked, boiled, drained, without salt - SR105146 (1 c.)	75	51.52	0.22	0.03	0.00	0.00	20.24	9.84	5.52	2.70	(M)	5.70	1.12	60.72	1860.24	73.78	0.00	261.28	166.92	
Marinara Sauce, Plastic Dipping Cup 2.5oz, Red Gold, REDNA2ZC84, Veg-RO - SR107006 (1/4 c.)	75	40.00	1.00	0.00	0.00	0.00	200.00	7.00	2.00	4.00	(M)	1.00	0.00	20.00	(M)	(M)	(M)	(M)	(M)	
Category: Fruits; May Choose: 1																				
Apples, raw, with skin, F - SR105078 (1/2 medium (3)	75	47.32	0.15	0.03	0.00	0.00	0.91	12.57	2.18	9.46	(M)	0.24	0.11	5.46	49.14	4.19	0.00	97.37	77.86	
Category: Milk; May Choose: 1																				
Milk, 1%, Rosenbergers, Milk - SR101986 (1 Cup (8 oz)	20	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	(M)	8.00	(M)	300.00	500.00	2.40	(M)	(M)	(M)	
Milk, Chocolate, Skim/FF, Rosenbergers, Milk - SR101984 (1 Cup (8 oz)	55	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	20.00	750.00	(M)	(M)	(M)	(M)	
20/21 Fall Lunch K-8 Week #3 Tuesday - Day: 2	75																			
Category: Entrees; May Choose: 1																				
Chicken, Golden Crispy Whole Grain Popcorn, Tyson Foods Inc, 70368-928, MMA, WGR - SR105302 (12 piece)	75	254.75	14.40	2.77	0.00	22.15	387.67	15.51	3.32	1.11	0.00	15.51	2.21	36.55	0.00(M)	0.00(M)	0.00	719.96	(M)	
Category: Grains; May Choose: 1																				
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	75	70.00	1.00	0.00	0.00	0.00	160.00	14.00	2.00	1.00	(M)	3.00	1.08	26.00	(M)	(M)	(M)	(M)	(M)	
Category: Vegetables; May Choose: 2																				

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Mixed Vegetables, 4-Way Mixed Vegetables (Carrots, - SR101815 (1 Cup Cooked)	75	116.93	0.00	0.00	0.00	0.00	92.73	24.19	6.05	(M)	(M)	6.05	1.45	40.32	7055.86	18.14	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Fruit Salad, Canned, tropical, in lite syrup, 6/#10 cans; as served - SR105447 (1/2 c.)	75	90.00	0.00	0.00	(M)	0.00	14.99	21.00	0.99	(M)	(M)	0.55	0.35	0.00	299.99	9.00	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1%, Rosenbergers, Milk - SR101986 (1 Cup (8 oz)	25	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	(M)	8.00	(M)	300.00	500.00	2.40	(M)	(M)	(M)
Milk, Chocolate, Skim/FF, Rosenbergers, Milk - SR101984 (1 Cup (8 oz)	50	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	20.00	750.00	(M)	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Ketchup, Single Serve 9 g Packets, Red Gold Inc, 7294011581, REDY59G - SR100777 (1 packet)	75	10.00	0.00	0.00	0.00	0.00	65.00	2.00	0.00	2.00	(M)	0.00	(M)	0.00	0.00	0.00	(M)	(M)	(M)
20/21 Fall Lunch K-8 Week #3 Wednesday - Day: 3			75																
Category: Entrees; May Choose: 1																			
Hot Turkey Sandwich, MMA, WG - LR-1202 (1 sandwich)	75	311.65	8.08	2.02	0.00	55.70	895.70	36.02	4.00	2.00	(M)	24.20	2.89	104.00	0.00(M)	0.00(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130] - SR105269 (1/2 c.)	75	66.00	0.55	0.08	0.00	0.00	1.00	15.83	2.00	(M)	(M)	2.09	0.39	2.00	163.00	2.90	(M)	(M)	(M)
Potatoes, Mashed Potato Pearls, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR109800 (1/2 cup, cooke)	75	90.00	1.00	0.00	0.00	0.00	410.00	17.00	1.00	0.00	0.00	2.00	0.30	10.00	(M)	(M)	0.00	380.00	(M)
Category: Fruits; May Choose: 1																			
Applesauce, Sweetened, Blue Raspberry, 4.5 oz. container, Peterson Farms, ASA10008, F - SR108799 (1 Container)	75	90.00	0.00	0.00	0.00	0.00	0.00	22.00	2.00	19.00	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Milk; May Choose: 1																			
Milk, 1%, Rosenbergers, Milk - SR101986 (1 Cup (8 oz))	15	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	(M)	8.00	(M)	300.00	500.00	2.40	(M)	(M)	(M)
Milk, Chocolate, Skim/FF, Rosenbergers, Milk - SR101984 (1 Cup (8 oz))	60	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	20.00	750.00	(M)	(M)	(M)	(M)
20/21 Fall Lunch K-8 Week #3 Thursday - Day: 4		75																	
Category: Entrees; May Choose: 1																			
Meatball Sub w/ Sauce, MMA, WG - LR-1203 (1 sandwich)	75	378.15	11.89	3.46	0.00	34.57	996.91	45.95	5.99	8.99	(M)	21.83	4.66	137.51	98.77 (M)	1.19(M)	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Carrots, baby-cut, fresh, peeled [100982, A094] - SR105158 (1 c.)	75	51.19	0.18	0.03	0.00	0.00	112.64	11.83	4.19	(M)	(M)	0.91	1.31	46.08	20013.74	3.85	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	75	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Milk; May Choose: 1																			
Milk, 1%, Rosenbergers, Milk - SR101986 (1 Cup (8 oz))	15	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	(M)	8.00	(M)	300.00	500.00	2.40	(M)	(M)	(M)
Milk, Chocolate, Skim/FF, Rosenbergers, Milk - SR101984 (1 Cup (8 oz))	60	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	20.00	750.00	(M)	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Chip, Baked Lay's Original Potato Crisps, 1.125 oz, Frito-Lay/PepsiCo, 44396, Non-Creditable - SR100763 (1 bag, singl)	75	140.00	4.00	0.50	0.00	0.00	180.00	24.00	2.00	3.00	2.00	2.00	0.30	10.00	(M)	(M)	0.00	250.00	(M)
20/21 Fall Lunch K-8 Week #3 Friday - Day: 5		75																	
Category: Entrees; May Choose: 1																			

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Beef, Cheeseburger, Mini Twin, Whole Grain Bun, AdvancePierre Foods, 1177, MMA, WG - SR106857 (2 ea.)	75	330.00	14.00	6.00	0.50	40.00	480.00	36.00	4.00	7.00	(M)	17.00	2.70	150.00	300.00	15.00	(M)	(M)	(M)
Category: Vegetables; May Choose: 2																			
Beans, Baked, Vegetarian in Brown Sugar, Bush's Best, 01637, MMA - SR107881 (1/2 c.)	75	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	(M)	7.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Potato, Tater Tots, Ore-Ida, McCain Foods, OIF00215A, Veg-S - SR101762 (10 pcs.)	75	161.50	7.45	1.24	0.00	0.00	385.10	19.88	2.48	0.00	(M)	2.48	0.45	0.00	0.00	4.47	(M)	(M)	(M)
Category: Fruits; May Choose: 1																			
Oranges, raw, all commercial varieties, F - SR105217 (1/2 cup, secti)	75	42.30	0.11	0.01	0.00	0.00	0.00	10.57	2.16	8.41	(M)	0.85	0.09	36.00	202.50	47.88	0.00	162.90	78.08
Category: Milk; May Choose: 1																			
Milk, 1%, Rosenbergers, Milk - SR101986 (1 Cup (8 oz))	15	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	(M)	8.00	(M)	300.00	500.00	2.40	(M)	(M)	(M)
Milk, Chocolate, Skim/FF, Rosenbergers, Milk - SR101984 (1 Cup (8 oz))	60	120.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	(M)	8.00	0.00	20.00	750.00	(M)	(M)	(M)	(M)
Category: Condiments; May Choose: 1																			
Ketchup, Single Serve 9 g Packets, Red Gold Inc, 7294011581, REDY59G - SR100777 (1 packet)	75	10.00	0.00	0.00	0.00	0.00	65.00	2.00	0.00	2.00	(M)	0.00	(M)	0.00	0.00	0.00	(M)	(M)	(M)